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three months. In *Unhooked*, reformed addict Clare Gee draws on her own experiences of cocaine addiction, alcoholism and prostitution in telling a moving story of a young woman battling through hell to create a sober life for herself. There are threats of expulsion from rehab and relapses, but through dedication and honesty, Katie begins the long journey to becoming clean and finding peace of mind.

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Unhooked at the Height's 30, 60, 90 and 120 day inpatient treatment program is tailored to meet the needs of men who want to make

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healthy changes in their lives and break the chains of addiction. Our affordable all-inclusive inpatient program is designed to motivate, create change, encourage self-growth and prepare the individual with tools for a lifetime of sobriety.

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Unhooked Recovery does not discriminate on the basis of race, color, creed, religion, national origin, age, sex, sexual orientation, or handicap. Unhooked Recovery Mesa. 215 South Power Road, Mesa, AZ 85206. 602-368-4471. Out Patient Services. 5801 E Main Street, Mesa, AZ 85205.

~~OUR PROGRAMS Unhooked Recovery~~

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Unhooked has two locations in Mesa, Arizona. We are a family-owned residential and outpatient behavioral health facility in the East Valley . Unhooked Recovery caters to the unique needs of men and women suffering with Substance use and Co-occurring disorders. Our mission is to treat addiction with the latest innovations in treatment blended with the best practices in traditional models of 12-step recovery.

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2. 152 North 56Th Street Mesa, AZ 85205. Claim this facility. 2.
Unhooked at the Heights offers outpatient treatment for men with alcohol and/or substance addiction. The program includes Medication Assisted Treatment, 12-step recovery, group therapy, holistic approach and more. Unhooked at the Heights is located at Mesa, Arizona.

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5801 E Main Street, Mesa, AZ 85205. 602-368-3114. [Click Map To Enlarge](#). To receive more information or to speak with an admissions specialist, please fill out the mail form and someone will get back to

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you as soon as possible. You can also contact us by phone at one of the location phone numbers above. Unhooked Recovery does not discriminate on the basis of race, color, creed, religion, national origin, age, sex, sexual orientation, or handicap.

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Addicted to coke and booze and reliant on selling her body for cash, Katie, the heroine of Clare Gee's bestselling *Hooked*, can no longer cope with the life she's created for herself. She has messed up badly and thrown everything away. Mentally, she is an anxious wreck and

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physicall...

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A specialist in treating addictions and a former patient outline a method of controlling any kind of addiction--including substance abuse and other compulsive behaviors that mask emotional pain--by understanding the underlying pain.

Is smoking, alcohol, drugs, food, gambling, the Internet, or sex addiction holding you back from getting what you want most—in work and in love? We ' re all addicted to something—but when the crutch gets in the way of living a happy and productive life, it must

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stop. Over the past twenty-five years, renowned addiction therapist Dr. Frederick Woolverton has used his dynamic, empathetic approach to help thousands of addicts achieve long-term recovery—including himself. He sees the specific habit as less important than the underlying chaos and fear that motivate the urge to sooth ourselves with bad habits. The solution, he has found, requires only a better understanding of yourself and a change in attitude. Unhooked: How To Quit Anything is an intelligent, readable, and actionable guide to conquering any addictive habit. Using real patient examples as well as research and his own experience, Dr. Woolverton and coauthor (and former patient) Susan Shapiro show how to thrive without self-medicating. The approach involves an unorthodox blend of straightforward changes to behavior and open and honest conversation with another person. Woolverton ' s specific instructions do not

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require an expensive therapist, rehab, 12-step program, or a higher power (but he does make readers aware of those viable options). Let him help you kick your addiction and find what 's missing in your world. When you conquer a toxic habit, you are leaving room for something more beautiful to take its place.

Is someone you love addicted? Have you found yourself wondering if all efforts to "help" or "fix" your loved one are really going in the right direction? Addictions to prescription meds, opioids, alcohol and other substances are growing at exponential rates and ripping our families apart. What are the best strategies to help someone in bondage to a substance that drive real results? When Jason Coombs' mother discovered her son was addicted to drugs and alcohol, she searched everywhere for resources and guidance that would grant her a spark of

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hope. She researched websites on the topic only to find a mixed bag of mediocre suggestions and an array of conflicting opinions. She was desperate for tools that could drive measurable results. Yet, her seemingly endless search for helpful guidance led her down a rabbit hole with no end in sight. Unhooked is the book, written by her recovered son, now leading his own treatment center, she wishes would have been available back then.

Those with substance abuse issues often have family and friends who wish to help, but knowing how to find and access the right rehab for a loved one can be confusing, costly, and even inappropriate in some cases. Here, Walter Wolf guides readers through the process from crisis to placement to recovery.

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With an estimated 20 million people addicted to drugs or alcohol, North America is in the grip of an unrivaled epidemic. Overcoming Addiction reveals how seemingly contradictory treatment theories must come together to understand and end dangerous substance abuse. Addiction treatment has become a billion-dollar industry based on innumerable clinical and psychological perspectives. Zealous clinicians and researchers have gathered around the theories, proclaiming each as the sole truth and excluding alternate views. In this book, leading bioethicist Gregory Pence demystifies seven foundational theories of addiction and addiction treatment. From Alcoholics and Narcotics Anonymous to methadone clinics and brain chemistry studies, each method holds foundation beliefs about human nature, free will, and biology. Understanding the diversity of these theories allows us to build a framework for more effective treatment for all addiction types.

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For individuals suffering from addiction, their families, and those who devote their lives to ending addiction ' s grasp on our society, this book offers a fresh perspective and a framework for long-term solutions.

Is a smoking, alcohol, food, gambling, Internet, drug, or sex addiction holding you back from getting what you want most? Over the past twenty-five years, renowned addiction therapist Dr. Frederick Woolverton has used his dynamic, empathetic approach to help thousands of addicts achieve long-term recovery—including himself. He sees the specific habit as less important than the underlying chaos and fear that motivate the urge to soothe ourselves with bad habits. The solution, he has found, requires only a better understanding of yourself and a change in attitude. Using real patient examples as well as research

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and his own experience, Dr. Woolverton and coauthor and former patient Susan Shapiro show how to thrive without self-medicating. Woolverton ' s specific instructions do not require an expensive therapist, rehab, a twelve-step program, or a higher power (though he does make readers aware of those viable options). Let him help you beat your addiction. When you conquer a toxic habit, you are leaving room for something beautiful to take its place.

A guide to all kinds of addiction from a star who has struggled with heroin, alcohol, sex, fame, food and eBay, that will help addicts and their loved ones make the first steps into recovery “ This manual for self-realization comes not from a mountain but from the mud...My qualification is not that I am better than you but I am worse. ”

—Russell Brand With a rare mix of honesty, humor, and compassion,

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comedian and movie star Russell Brand mines his own wild story and shares the advice and wisdom he has gained through his fourteen years of recovery. Brand speaks to those suffering along the full spectrum of addiction—from drugs, alcohol, caffeine, and sugar addictions to addictions to work, stress, bad relationships, digital media, and fame. Brand understands that addiction can take many shapes and sizes and how the process of staying clean, sane, and unhooked is a daily activity. He believes that the question is not “ Why are you addicted? ” but "What pain is your addiction masking? Why are you running—into the wrong job, the wrong life, the wrong person ’ s arms?" Russell has been in all the twelve-step fellowships going, he ’ s started his own men ’ s group, he ’ s a therapy regular and a practiced yogi—and while he ’ s worked on this material as part of his comedy and previous bestsellers, he ’ s never before shared the tools that really took

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him out of it, that keep him clean and clear. Here he provides not only a recovery plan, but an attempt to make sense of the ailing world.

Sure to be controversial, S.O.S. Sobriety lays bare the limitations of Alcoholics Anonymous while describing the proven methods of alcohol and drug abstinence advocated by James Christopher, founder of Secular Organizations for Sobriety (or Save Our Selves), the world's largest non-12-step addiction recovery program. After answering basic questions about the nature and purpose of S.O.S., the success of the sobriety priority approach is documented through two scientific studies. Included are moving, in-depth individual recovery stories, interviews with addiction experts and legal professionals, as well as a critique of controlled drinking programs and the insistence by AA and the liquor industry that alcoholism is a problem of behavior rather than

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one rooted in physiology and genetics. His is a provocative and thoughtful humanist account; another peg in the coffin of the controlled drinking aficionados. -Kenneth Blum, Ph.D., author of Alcohol and the Addictive Brain

Lydia, a self-employed young hooker in Chicago, adapted quite easily to the grimy life of prostitution. She's a few bangs away from meeting her financial goal, when one of her high paying johns Max, confesses that he's madly in love with her. He offers her things that she's only dreamed of; like free unconditional love. When she falls victim to her lifestyle but refuses to give it up, Max takes matters into his own hands. He blackmails her into choosing to turn her life around instead choosing to turn tricks for the rest of her life. He strips her of the one thing that she loves and takes her to a rehabilitation center called Stop

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turning tricks institute, that's ran by an ex-pimp turned Preacher named Pastor Prentice Passion. Lydia must complete the Unhooking hoes 12 step program before she can reclaim her most prized possessions. In this romantic comedy, author Obsession delivers a humorous story of a young girl's quest to discover if loving herself and someone else is worth retiring her hooker heels.

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